

# St. Thomas' Tidings

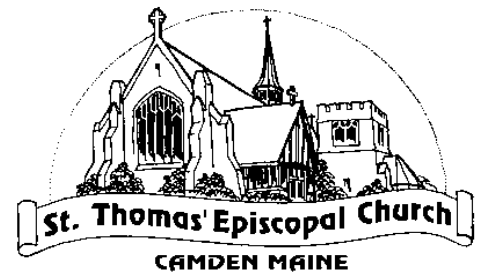
August 2, 2020, Ninth Sunday after Pentecost

*We are followers of Jesus who:*

*Worship in beauty*

*Question in faith Serve in love*

*During the COVID-19 Pandemic our services, meetings, and classes are all online until further notice. Everyone is welcome at all offerings.*



**The Rev. Canon Lisa Fry, Rector**

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## Prayer Garden Opening Soon

The prayer garden will be installed next week, so please come and enjoy St. Thomas' backyard peace and quiet as you have a chance to be on the holy grounds of the church again in prayer. Four people will be allowed in the garden at a time, and masks are required if anyone else is present. Please respect physical distancing at all times. Many thanks to Brother Donovan Bowley for his prayer stations and to Jon Elwell for assisting with the chairs. The Prayer Garden will be open beginning on Friday, August 7.



## Compline Changes

We will no longer be offering Compline on Saturday nights. Compline will still be offered on Wednesdays at 8:00 p.m. If anyone feels called to offer Compline on Saturday evenings going forward, please let us know. It's a short but lovely service, and it takes about 10 minutes. Please pray about it.



## Sometimes, Lord

*Sometimes, Lord,  
Our most authentic prayer is just to  
sit with you;  
In the quiet, in the silence, in the  
unfolding...*

*Sometimes, Lord,  
Our most tender prayer is found  
Just in your heart meeting ours...*

*Sometimes, Lord,  
The prayer that says the most  
Is the prayer with the fewest words...*

*Calm me,  
Quiet me,  
Nourish me...*

*Steady me,  
Balance me,  
Center me...*

*Enfold me,  
Embrace me,  
Shepherd me...*

*Forgive me,  
Reconcile me,  
Free me...*

*Renew me,  
Restore me,  
Heal me...*

—The Rev. Abby Pettee

## Stop—Please Read This!

Cyber crime has been infiltrating our lives and our homes for years. It is now knocking at the door of our parishes.

Parishes and religious communities are being targeted by phishing scams where the attacker poses falsely as the priest and asks the recipient for money or cards to Amazon, eBay, or one of a number of other places.

It often begins like this: an email arrives in an unsuspecting person's inbox from an email address that is similar to **but different** from the priest's email address, something like [rectorstthomases@gmail.com](mailto:rectorstthomases@gmail.com) (notice the typos!) or [rector47t@gmail.com](mailto:rector47t@gmail.com). Neither of those is correct. The rector's email doesn't end with [gmail.com](mailto:gmail.com), and her personal email doesn't designate her as rector. "Canon" is never used in her email or signature.

The email might read something like: "I need to ask you to help me discreetly" or "I need to help someone in need—can you help?" The email sometimes tries to get you to "reply." Don't hit reply! This gives them access to your contact list so they can run the scam on others.

**Our rector will never, never, never ask for money or cards.**

If you receive a suspicious email **delete it immediately**—do NOT reply to it. In a separate email, let the church or rector know you received it. Do not forward it. Scams are everywhere. Don't be fooled!

## Prayers of the People on Sunday Aren't Up to Date. Why?

You may have noticed that the Prayers of the People sometimes do not have up to the minute additions to the church's prayer lists. This is because we film the service pieces on Wednesday, giving Terry enough time to put all of them together for Sunday. That means that when we receive a name on Thursday, it won't be read the next Sunday. It will, however, be read on the Sunday after that. We also read the short term list every day at Noonday Prayer, and the long-term list on Wednesdays during Compline. Since we have some people who are gifted at prayer, I'm certain they are also prayed daily by many of you. Keep it up. Prayers catch us at the deepest parts of ourselves.

*Presiding Bishop Curry has asked that Episcopalians pray this prayer from Pentecost through September 1.*

### A Prayer for the Power of the Spirit Among the People of God

God of all power and love,  
we give thanks for your unfailing  
presence  
and the hope you provide in times of  
uncertainty and loss  
Send your Holy Spirit to enkindle in us  
your holy fire.  
Revive us to live as Christ's body in the  
world;  
a people who pray, worship, learn,  
break bread, share life, heal neighbors,  
bear good news, seek justice, rest and  
grow in the Spirit.  
Wherever and however we gather,  
unite us in common prayer and send us  
in common mission,  
that we and the whole creation might  
be restored and renewed,  
through Jesus Christ our Lord.  
Amen.

## Prayer List

Please pray for those members of this parish and others who are in special need:

Short-term: *Megan Nowak; Eric Jenson; Jeff; Mary; Kevin; Edward; Jeremy Tucker; the Brooks family; Paula; Sandra A.; Robert Pearson; Dustin; Hunter Fierro; Tadd Lyman; Harry Hart; Ada Power; Larry Parker; Bayard Chanler; Carol; Marcie Vega; Vicky and Bill.*

Long-term: *Shirley; Arnie Joy; Maxine; Judith Shepherd; Ron; Andrew; Joanne Scott; Tiffany Andrews; Seana Roubinek; Carolyn Morris; Amy; Joan Pottle; Paul Whittaker; Anne; Sandy Lyle; Brian Fitzpatrick; Skip Groman; Lainie Vreeland; David Harper; Susan Conrad; Elaine.*

God of all, we pray for our departed, and for all those whom we love but see no longer. Grant to them eternal rest. May their souls rest in peace. Amen.



### This Sunday August 2, 2020

#### Ninth Sunday after Pentecost

*Isaiah 55:1-5*  
*Psalms 145:8-9, 15-22*  
*Romans 9:1-5*  
*Matthew 14:13-21*

### Next Sunday August 9, 2020

#### Tenth Sunday after Pentecost

*1 Kings 19:9-18*  
*Psalms 85:8-13*  
*Romans 10:5-15*  
*Matthew 14:22-33*

Click [here](#) for This Week's Virtual Services, lessons, and Facebook links.

## Calendar

### Sunday, August 2

Holy Eucharist, Rite II—Facebook, YouTube.  
Available to view after 7:00 a.m. Sunday.

### Monday, August 3

9:30 a.m.—Coffee & Check-In—Zoom  
12:00 p.m.—Noonday Prayer—Facebook Live

### Tuesday, August 4

9:30 a.m.—Coffee & Check-In—Zoom  
12:00 p.m.—Noonday Prayer—Facebook Live

### Wednesday, August 5

9:30 a.m.—Coffee & Check-In—Zoom  
10:30 a.m.-12:00 p.m.—Bible Study—Zoom  
12:00 p.m.—Noonday Prayer—Facebook Live  
EfM—off for summer

8:00 p.m.—Compline—Facebook Live

### Thursday, August 6

9:30 a.m.—Coffee & Check-In—Zoom  
12:00 p.m.—Noonday Prayer—Facebook Live

### Friday, August 7

Prayer Garden opens  
9:30 a.m.—Coffee & Check-In—Zoom  
12:00 p.m.—Noonday Prayer—Facebook Live

### Saturday, August 8

Youth Christian Education—off for summer

### Sunday, August 9

Holy Eucharist, Rite II—Facebook, YouTube.  
Available to view after 7:00 a.m. Sunday

### How to Reach Us:

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