# 7:30 a.m. — Holy Eucharist, Rite I

Children are always welcome in the church. Please be sure your cell phone is inaudible.

Prelude	O Welt, ich muss dich lassen		Brahms		
Entrance Hymn 522 (1,4) Glorious things of thee are spoken Austria					
Opening Acclamatio	<b>Opening Acclamation</b> Book of Common Prayer (BCP)		page 323		
The Collect for Purity BCP			P page 323		
Kyrie	<b>Kyrie</b> BC		P page 324		
Collect, Lessons and Sermon as at 10:00					
Nicene Creed		BCP page 326			
Prayers of the People, Form III		BC	P page 387		
Confession and Absolution		ВС	P page 331		
The Peace and Anno	ouncements				
Offertory Voluntary	Come We That Love the Lord	Viney	ard Haven		
Offertory Hymn 324	(st. 2)		Picardy		
King of kings, yet born of Mary, as of old on earth he stood, Lord of lords in human vesture, in the Body and the Blood He will give to all the faithful his own self for heavenly food					
Celebrant: All things Response: And of thi	come of thee, O Lord. ne own have we given thee.				
The Great Thanksgiving Eucharistic Prayer 1 BCP p		P page 333			
Sanctus BC		P page 341			
The Lord's Prayer	he Lord's Prayer BCP page 3		P page 336		
The Breaking of the Bread		BC	P page 337		
The Communion					
Postcommunion Pra	yer	BC	P page 339		
Blessing					
Dismissal Hymn 573 (st. 1,2,5) Father eternal, Ruler of creation Langham					
The Dismissal					
Postlude	Our Father Who Art In Heaven		J.S. Bach		

 $X \times X$ 

# 10:00 a.m. — Holy Eucharist, Rite II

Nursery is available in the room past the Sun Room. Please be sure your cell phone is inaudible.

Prelude	O Welt, ich muss dich lassen	Brahms
<b>Entrance Hymn 522</b>	Glorious things of thee are spoken	Austria
<b>Opening Acclamation</b>	Book of Common Prayer (BCP)	page 355
Kyrie		BCP 356

#### The Collect

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

So Abram went, as the LORD had told him; and Lot went with him.

## Psalm 95

1 Come, let us sing to the LORD; \* let us shout for joy to the Rock of our salvation.

2 Let us come before his presence with thanksgiving \* and raise a loud shout to him with psalms.

3 For the LORD is a great God, \* and a great King above all gods.

4 In his hand are the caverns of the earth, \* and the heights of the hills are his also.

5 The sea is his, for he made it, \* and his hands have molded the dry land.

6 Come, let us bow down, and bend the knee, \* and kneel before the LORD our Maker.

7 For he is our God, and we are the people of his pasture and the sheep of his hand. \* Oh, that today you would hearken to his voice!

8 Harden not your hearts,

as your forebears did in the wilderness, \* at Meribah, and on that day at Massah, when they tempted me.

9 They put me to the test, \*

though they had seen my works.

10 Forty years long I detested that generation and said, \*

"This people are wayward in their hearts; they do not know my ways."

11 So I swore in my wrath, \*

"They shall not enter into my rest."

#### Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

**Sequence Hymn 550** Jesus calls us o'er the tumult *Restoration* 

#### John 4:5-42

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that

Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is →

gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Sermon	The Rev. Canon Lisa Fry
The Nicene Creed	BCP page 358
Prayers of the People, Form III	BCP page 387
Confession and Absolution	BCP page 360

#### The Peace and Announcements

Offertory Anthem

The Lone Wild Bird

H.R. McFadyen, arr. H. Hopson

The lone, wild bird in lofty flight
Is still with Thee, nor leaves Thy sight.
And I am thine! I rest in Thee.
Great Spirit, come, and rest in me.
The ends of earth are in Thy hand,
The sea's dark deep and far-off land.
And I am thine! I rest in Thee.

Great Spirit, come, and rest in me.

Offertory Hymn 380 (st.3)

*Old* 100<sup>th</sup>

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host; praise Father, Son and Holy Ghost

Celebrant: All things come of thee, O Lord. Response: And of thine own have we given thee.

The Great Thanksgiving Eucharistic Prayer A

Sanctus and Benedictus S-129 Powell Pew Card

The Lord's Prayer BCP page 364

The Breaking of the Bread

Fraction Hymn 324 (st.2)

Picardy

BCP page 361

King of kings, yet born of Mary, as of old on earth he stood, Lord of lords in human vesture, in the Body and the Blood He will give to all the faithful his own self for heavenly food The Communion All who seek God and are drawn to God through Christ are welcome at God's table. We usually receive the bread in our hands and sip from the chalice, or carefully dip (intinct) the bread into the wine. If you do not wish the bread and wine, please come forward for a blessing — just cross your arms over your chest! If you would like us to bring communion to you, stay in your seat and an usher will let us know.

Members of our prayer ministry are available in the Chapel during Holy Communion to pray with you about any need or thanksgiving.

Communion Hymn 309 O food to pilgrims given O Welt, ich muss dich lassen

**Postcommunion Prayer** 

BCP page 365

**Blessing** 

**Dismissal Hymn 573** (st. 1,2,5) Father eternal, Ruler of creation Langham

The Dismissal

**Postlude** Our Father Who Art in Heaven

J.S. Bach

A A A

**Birthday and Anniversary Prayer:** 

Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their heart may thy peace which passeth understanding abide all the days of their life; through Jesus Christ our Lord, AMEN.

## **Prayer for Sending Eucharistic Visitors:**

*Clergy:* I send you forth in the name of God and this congregation bearing these Holy gifts that those who receive it may share with us in the communion of Christ's body and blood.

*People:* We who are many are one body, because we all share one bread, one cup.

How to reach us Church Office: 207-236-3680

The Rt. Rev. Thomas Brown, Bishop of Maine

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The Rev. Canon Lisa Fry, Rector rector@stthomascamdenme.org 207-231-2411

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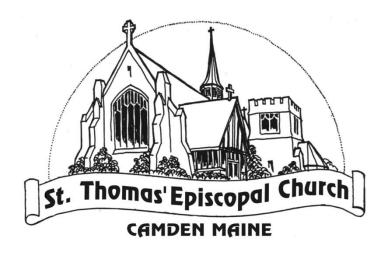
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Our Nursery Room is located past the Sun Room. Turn right. The Blue Room is the Nursery; the Yellow Room is the Sunday School room. Restrooms are located down the right aisle, past the Chapel, at the end of the corridor on the left side. Additional rest rooms are located in the basement down the same corridor, via the stairway on your left.



# Third Sunday in Lent *March 15, 2020*

7:30 a.m. — Holy Eucharist, Rite I 10:00 a.m. — Holy Eucharist, Rite II



# St. Thomas' Episcopal Church

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