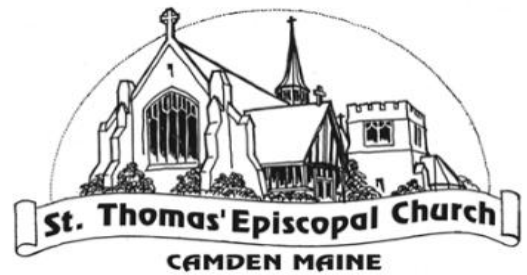


# S T . T H O M A S ' Tidings

Sunday, March 24, 2019  
*The Third Sunday in Lent*

We welcome all who enter these doors, especially those who enter for the first time or after a long absence. Everyone is welcome! All are welcome to receive the Bread and Wine at this altar.



The Rev. Lisa Smith Fry, Rector  
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## Continuing in Lent

Presiding Bishop Michael Curry has developed a Way of Love to help us follow Jesus daily. It's elegant and simple. The 7 components flow in a circle, and they are REST, TURN, LEARN, PRAY, WORSHIP, BLESS, GO! Each week Abby and I will break down one component, preach on it, and discuss with the 9:00 class how it meshes with our lives and enables us to follow Jesus daily. Please join us for the discussions beginning this week and continuing through Easter.

Lisa+

## Vestry Minutes

The January and February meeting minutes have been posted on the Bulletin Board in the Parish Hall and can also be found on our [Website](#) (Vestry tab in the "About Us" section).

## Shakespeare Housing

Once again, *Camden Shakespeare Festival* will highlight Camden's summer arts activities from July 24 to August 11! "The Taming of the Shrew" will be presented in the Camden Amphitheater and "Hamlet" will be performed at St. Thomas' Episcopal Church.

CSF is seeking community housing for several professional actors. Might you enjoy hosting an actor from July 22 through August 11 in your guest bedroom with bathroom/kitchen accessibility? Actors are responsible for their own transportation and meals.

Unlimited free tickets shall be available through the three-week season for you and your guests. Give Shakespeare a hand! Become a key part of this summer's *Camden Shakespeare Festival*! Please email [stephenlegawiec@gmail.com](mailto:stephenlegawiec@gmail.com) or talk to the Rector.

## Dance into Spring! Zumba Dance Party Benefit



On Saturday evening, March 30th, 7:30—9:30, St. Thomas' will be hosting a Zumba Dance Party to benefit New Hope for Women, Knox County Homeless Coalition, and Habitat for Humanity.

Zumba is a highly charged, upbeat fusion of international dance styles. Among its many influences are Salsa, Flamenco, Middle Eastern, Hip-Hop, Jazz, African and Reggaeton.

At its core, Zumba is about Joy, Inclusivity and Energy. Everyone is made to feel welcome no matter their level of dance expertise or inexperience. The beats call forth exuberant movement; and although teaching is kept to a minimum, people are free to modify and improvise when following the instructors whip-smart movements prove beyond their physical capabilities in the moment.

We hope people who like to move to music will lose their "winter blues" and come out to support our Outreach beneficiaries. Let's show the greater community that the "chosen frozen" actually can keep a beat!

Please call Pam Bardon (236-2421) for additional information.

## NOON Music in Lent

Our NOON Music in Lent program takes place in the Church and Parish Hall each Friday throughout Lent. Come and hear members of our community perform a half hour of music, then enjoy fellowship and a lunch of soup and bread in the Parish Hall. The free-will offering benefits the Camden Area Christian Food Pantry.

### March 29

Nancy Riesgo, *Voice*  
Michelle Terry, *Hammered Dulcimer*  
Amy Kercsmar, *Harp*

### April 5

Suzanne Scott and Jane Schroeder  
*Piano for Four Hands*

### April 12

Dean Jorgensen, *Bass*  
Ed Shindle, *Tenor*  
Jane Schroeder, *Piano*

Thank you, Kathleen Christie for a wonderful performance Friday!

*Please Join Us!*

## Today's Music Third Sunday in Lent March 24, 2019

Today during communion, we sing one of the most beautiful 17<sup>th</sup> century German chorales, *Schmücke dich, O liebe Seele* (*Deck thyself, my soul, with gladness*). Johann Crüger (German, 1598-1662) composed the gorgeous music specifically for Johann Franck's (German, 1618-1677) eucharistic hymn text. The same collaboration also produced the beloved hymn, *Jesu, meine Freude* (*Jesus, all my gladness*) #701 in our hymnal. The prelude by Johannes Brahms (German, 1833-1897) is based on this chorale. Brahms composed the eleven chorale preludes for organ at the end of his life (published in 1896). Each piece is an exquisite gem. To me, they are the culmination of his life's work, the distillation of

all he composed before them (strictly my opinion). In a few weeks on Friday, April 12, 2019, for the final NOON Music in Lent program, we will offer the song-cycle, *Vier ernste Gesänge (Four serious songs)* also written by Brahms at the end of his life. The songs are scripturally-based and will be sung by Dean Jorgensen, bass. I have wanted to play these songs for a very long time; and was delighted when Dean came to me and asked if I wanted to do them. I have been working on learning them since September (I am a very slow learner). It is a labor of love and I am loving the challenge! Please join us April 12<sup>th</sup>!

The communion voluntary (also based on *Schmücke dich*) is by Marcel Dupré (French, 1886-1971) who was organist, composer and improviser. You will be able to clearly hear the melody, surrounded by lush harmonies, in both Brahms' and Dupré's pieces. Bach based his organ piece (today's postlude) on the German chorale *Wo soll ich fliehen hin? (Where shall I fly?)* We do not have it in our hymnal: however, you will clearly hear the tune in the pedal. Bach also based one of his church cantatas on this chorale.

You might notice that the opening line for *Wo soll ich fliehen hin* is the same melody as our closing hymn, *The God of Abraham praise* (tune name: *Leoni*). My personal observations over the years, after playing, singing and rehearsing chants, hymn-tunes, shape-note tunes, spirituals, folk-tunes, psalm-tunes, songs of praise is that tunes have been migrating across borders, channels, oceans and rivers for a very, very long time. I remember my father whistling. How many tunes have been carried through time by the whistlers among us?

Unless you've been hiding under a rock, you probably know the sequence hymn, *Rock of ages, cleft for me*. Augustus Montague Toplady (English, 1740-1778) wrote the text, which has endured many "improvements" over the years! The music was written by one of America's church music pioneers, Thomas Hastings (1784-1872). Hastings family moved to the frontier in New York when he was 12 years old. An albino, with very poor eyesight, he nevertheless taught himself music, led a country choir and began to compile what became an extensive hymn collection. In 1832 he moved to New York City where he began a collaboration with Lowell Mason. Hastings is credited with writing over 600 hymn texts and well over 1,000 tunes!

The Choir sings the contemporary text and tune, *When from bondage we are summoned*. Carl Haywood (b. 1949) wrote the music for this. The editor of *Wonder, Love and Praise*, the supplement to our *The Hymnal 1982*, mentioned to Dr. Haywood that this reminds him of the translation of Psalm 126 which begins:

*When from exile, God takes us home again  
We'll think we're dreaming.*  
...and Dr. Haywood smiled in agreement.

Jane Schroeder, Minister of Music

## Prayer List

Please pray for those members of this parish and others who are in special need: Marya Allen, Ron, Andrew, Joanne Scott, Tiffany Andrews, Seana Roubinek, Pat Olds, Carolyn Morris, Janan Vaughn, Rosalind Clarke, Amy, Gordon Gushee, Susan, Martha, Jean Harper, Abby Neal, Jeremiah Swett, Dustin, Maxine, Jan, Joan Pottle, Arnie Joy, Paul Whittaker, Anne, Sandy Lyle, Jan Gilley, Kevin Jackson.

## This Sunday March 24, 2019 Third Sunday in Lent

*Proverbs 8:1-8*

*Psalms 63:1-8*

*John 14:23*

*Luke 13:1-9*

**7:30 am: Celebrant:** The Rev. Lisa Smith Fry; **Preacher:** The Rev. Abby Pet-tee; **Eucharistic Minister:** Sandy Lyle; **Lectors:** Jan Lyle, Terry Mello; **Prayers of the People:** JoAnne Ryan; **Usher:** Jan Lyle

**10:00 am: Celebrant:** The Rev. Lisa Smith Fry; **Preacher:** The Rev. Abby Pet-tee; **Crucifer:** Tom Colburn; **Eucharistic Minister:** Roy Gilley; **Lectors:** Millie Crocker, Sydney Hall; **Prayers of the People:** Br. Donovan Bowley; **Acolytes:** Charlotte Watkins;; **Ushers:** Joan Bennett, Dean Jackson

**Altar Guild:** Isa Babb, Jeff Conrad, Shirley Fierro, Jacqueline Recht

## Next Sunday March 31, 2019 Fourth Sunday in Lent

*Proverbs 8:1-8*

*Psalms 63:1-8*

*John 14:23*

*Luke 13:1-9*

**7:30 am: Celebrant and Preacher:** The Rev. Lisa Smith Fry; **Eucharistic Minister:** Pam Bardon; **Lectors:** Pat Ayers, Diane Kirkman; **Prayers of the People:** Pam Bardon; **Usher:** Carlos Mello  
**10:00 am: Celebrant and Preacher:** The Rev. Lisa Smith Fry; **Crucifer:** Freya Johanson; **Eucharistic Minister:** Jacqueline Recht; **Lectors:** Jeff Conrad, Roy Gilley; **Prayers of the People:** Millie Crocker; **Acolytes:** Lola Black, Hettie Bickham; **Ushers:** Lucy Ebbert, Jim Ebbert

**Altar Guild:** JoAnne Ryan, Anne Ayers, Jacqueline Recht, Jeff Conrad

## What's Where

Our Sunday School and Nursery rooms are located past the sun room. Turn right. The *Blue Room* is the Nursery & *Godly Play*; the *Yellow Room* is the *God, the Bible and Me* classroom. Restrooms are located down the right aisle, past the Chapel, at the end of the corridor on the left side. Additional rest rooms are located in the basement (down the same corridor, via the stairway on your left). The Conference Room is past the sunroom, take the right corridor to the end and turn left.

# Calendar

## Sunday, March 24

### Third Sunday in Lent

**7:30 am—Holy Eucharist, Rite I**

8:30 am—Choir Rehearsal

9:00 am—Christian Education Classes

**10:00 am—Holy Eucharist, Rite II**

*(Coffee Hour follows)*

5:15 pm—Centering Prayer—Chapel

6:30 pm—AA meeting—Basement

## Monday, March 25

6:30 pm—AA meeting—Parish Hall

## Tuesday, March 26

9:00 am—Xi-Gong Dance Class

2:00 pm—Staff Meeting

6:30 pm—AA meeting—Basement

## Wednesday, March 27

**9:30 am—Eucharist Service with Healing**

10:15 am—Coffee and Conversation—Conference Room

11:00 am—Bible Study—Conference Room

4:00 pm—EfM—Conference Room

6:30 pm—AA meeting—Basement

7:00 pm—VoXX

## Thursday, March 28

5:00 pm—Choir Rehearsal

6:30 pm—AA meeting—Basement

## Friday, March 29

12:00 pm—NOON Music in Lent

*(Luncheon Follows in Parish Hall)*

6:30 pm—AA meeting—Basement

## Saturday, March 30

6:30 pm—AA meeting—Basement

7:30 pm—Zumba Dance Party—Parish Hall

## Sunday, March 31

### Fourth Sunday in Lent

**7:30 am—Holy Eucharist, Rite I**

8:30 am—Choir Rehearsal

9:00 am—Christian Education Classes

**10:00 am—Holy Eucharist, Rite II**

*(Coffee Hour follows)*

5:15 pm—Centering Prayer—Chapel

6:30 pm—AA meeting—Basement

*Meetings and Events are subject to change. St. Thomas' welcomes the use of its facilities for meetings and events. Please contact the Parish Office before scheduling any event.*