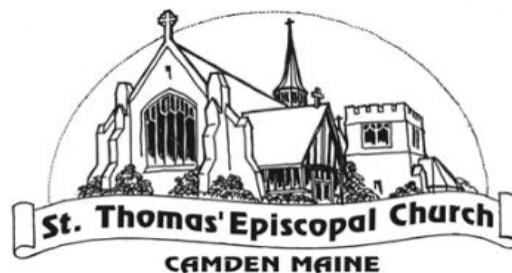


S T . T H O M A S ' Tidings

Sunday, March 17, 2019

The Second Sunday in Lent

We welcome all who enter these doors, especially those who enter for the first time or after a long absence. Everyone is welcome! All are welcome to receive the Bread and Wine at this altar.



The Rev. Lisa Smith Fry, Rector
33 Chestnut Street (P.O. Box 631)
Camden, ME 04843
207 236-3680
admin@stthomascamdenme.org

Continuing in Lent

Presiding Bishop Michael Curry has developed a Way of Love to help us follow Jesus daily. It's elegant and simple. The 7 components flow in a circle, and they are REST, TURN, LEARN, PRAY, WORSHIP, BLESS, GO! Each week Abby and I will break down one component, preach on it, and discuss with the 9:00 class how it meshes with our lives and enables us to follow Jesus daily. Please join us for the discussions beginning this week and continuing through Easter.

Lisa+

Vestry Meeting

This Tuesday, March 19th, our Vestry Meeting will take place in the Conference Room. The January meeting minutes have been posted on the Bulletin Board in the Parish Hall and can also be found on our [Website](#) (Vestry tab in the "About Us" section). The February minutes will be available once approved by the Vestry.

Help yourself out and....

Please check with Pat Ayers before buying duplicate food for the Lenten soups, coffee hour, and parish refreshments. There are quite a few things that could be used: including bread flour, cocoa, condiments, spices etc.

Shakespeare Housing

Once again, *Camden Shakespeare Festival* will highlight Camden's summer arts activities from July 24 to August 11! "The Taming of the Shrew" will be presented in the Camden Amphitheater and "Hamlet" will be performed at St. Thomas' Episcopal Church.

CSF is seeking community housing for several professional actors. Might you enjoy hosting an actor from July 22 through August 11 in your guest bedroom with bathroom/kitchen accessibility? Actors are responsible for their own transportation and meals.

Unlimited free tickets shall be available through the three-week season for you and your guests. Give Shakespeare a hand! Become a key part of this summer's *Camden Shakespeare Festival!* Please email stephenlegawiec@gmail.com or talk to the Rector.

NOON Music in Lent

Our NOON Music in Lent program takes place in the Church and Parish Hall each Friday throughout Lent. Come and hear members of our community perform a half hour of music, then enjoy fellowship and a lunch of soup and bread in the Parish Hall. The free-will offering benefits the Camden Area Christian Food Pantry.

March 22

Kathleen Christie, *Voice*

March 29

Nancy Riesgo, *Voice*
Michelle Terry, *Hammered Dulcimer*
Amy Kerksmar, *Harp*

April 5

Suzanne Scott and Jane Schroeder
Piano for Four Hands

April 12

Dean Jorgensen, *Bass*
Ed Shindle, *Tenor*
Jane Schroeder, *Piano*

Thank you, Kathryn DerMarderosian for a wonderful performance Friday!

Please Join Us!

Dance into Spring! Zumba Dance Party Benefit



On Saturday evening, March 30th, 7:30—9:30, St. Thomas' will be host-

ing a Zumba Dance Party to benefit New Hope for Women, Knox County Homeless Coalition, and Habitat for Humanity.

Zumba is a highly charged, upbeat fusion of international dance styles. Among its many influences are Salsa, Flamenco, Middle Eastern, Hip-Hop, Jazz, African and Reggaeton.

At its core, Zumba is about Joy, Inclusivity and Energy. Everyone is made to feel welcome no matter their level of dance expertise or inexperience. The beats call forth exuberant movement; and although teaching is kept to a minimum, people are free to modify and improvise when following the instructors whip-smart movements prove beyond their physical capabilities in the moment.

We hope people who like to move to music will lose their "winter blues" and come out to support our Outreach beneficiaries. Let's show the greater community that the "chosen frozen" actually can keep a beat!

Please call Pam Bardon (236-2421) if you would like to volunteer to help.

Today's Music
Second Sunday in Lent
March 17, 2019

St. Patrick really **did** exist: however, there is much folklore swirling around him! What we **do** know is that he was born around 390, captured and enslaved in Ireland while a teen, escaped back to England, took holy orders, then felt called to return to Ireland where he embarked on an amazing journey of missionary conversion until his death around 461. We enter singing a 7th century hymn, *I bind unto myself today*, a "lorica" or prayer to be chanted while dressing for battle. Today we know this was probably not written by Patrick; however, it is a great hymn; especially since it is two parts, with the sixth stanza a meditation inviting Christ into our daily lives, and has a different tune, *Deirdre*, an ancient Irish melody. We also sing the ancient prayer from the Irish monastic tradition (possibly as early as 700) *Be thou my vision, O Lord of my heart*. This is another example of "lorica" to arm oneself for physical or spiritual battle. The tune, *Slane*, is an adapted Irish folk melody.

The sequence hymn, *Day by day*, is an ancient text attributed to St. Richard of Chichester (1197-1253). We sing this to the tune, *Sumner*, composed in 1941 by Arthur H. Biggs while he was organist/choirmaster at St. John's Cathedral, Spokane, Washington. It is a lovely marriage of ancient text with contemporary tune. We go forth into the world singing John Bakewell's (1721-1819) text, *Hail, thou once despised Jesus*, which is another brilliant marriage of text with an early 18th century Dutch peasant song (slightly adapted).

The Choir sings the gorgeous anthem by John Dowland (English, 1563-1626), one of the greatest English song writers. Dr. Dowland, as he was known, was a lutenist. The lute is a stringed instrument which is plucked: the harpsichord is also a plucked stringed instrument, which sometimes surprises people since it is played on a keyboard. (The organ is a wind instrument, even though it is played on a keyboard... more on that another time!)

We are indeed blessed that our own Choirmember, Millie Crocker, is once again playing her harp. Her prelude is by the Irish harper/singer/composer, Turlough O'Carolan (1670-1738) who at age eighteen was blinded by smallpox. At the age of twenty-one, being given a horse and a guide, he set out to travel Ireland and compose songs for patrons: for nearly fifty years, Carolan traveled, composed and performed his tunes.

May you go forth with many good tunes!

Jane Schroeder
 Minister of Music

Prayer List

Please pray for those members of this parish and others who are in special need: Marya Allen, Ron, Andrew, Joanne Scott, Tiffany Andrews, Seana Roubinek, Pat Olds, Carolyn Morris, Janan Vaughn, Rosalind Clarke, Amy, Gordon Gushee, Susan, Martha, Jean Harper, Abby Neal, Jeremiah Swett, Dustin, Maxine, Jan, Joan Pottle, Arnie Joy, Paul Whittaker, Anne, Sandy Lyle, Jan Gilley, Kevin Jackson.

This Sunday
March 17, 2019
Second Sunday in Lent

Deuteronomy 26:1-11

Psalms 91:1-2, 9-16

Romans 10:8b-13

Luke 4:1-13

7:30 am: Celebrant and Preacher: The Rev. Lisa Smith Fry; **Eucharistic Minister:** JoAnne Ryan; **Lectors:** Pam Bardon, Paul Holman **Prayers of the People:** Sandy Lyle; **Usher:** Marilyn Smith

10:00 am: Celebrant and Preacher: The Rev. Lisa Smith Fry; **Crucifer:** Kavan Kibler; **Eucharistic Minister:** Jacqueline Recht; **Lectors:** Dean Jackson, Kate Jackson; **Prayers of the People:** Chris Glass; **Acolytes:** Kingston Kibler, Tom Colburn; **Ushers:** Dean Jackson, Leamon Scott
Altar Guild: Anne Ayers, Jeff Conrad, Jacqueline Recht, JoAnne Ryan

Next Sunday
March 24, 2019
Third Sunday in Lent

Proverbs 8:1-8

Psalms 63:1-8

John 14:23

Luke 13:1-9

7:30 am: Celebrant: The Rev. Lisa Smith Fry; **Preacher:** Deacon Abby Pettee; **Eucharistic Minister:** Sandy Lyle; **Lectors:** Jan Lyle, Terry Mello; **Prayers of the People:** JoAnne Ryan; **Usher:** Jan Lyle

10:00 am: Celebrant: The Rev. Lisa Smith Fry; **Preacher:** Deacon Abby Pettee; **Crucifer:** George Bickham; **Eucharistic Minister:** Roy Gilley; **Lectors:** Millie Crocker, Sydney Hall; **Prayers of the People:** Br. Donovan Bowley; **Acolytes:** Charlotte Watkins, Poppy Johanson; **Ushers:** Joan Bennett, Leamon Scott

Altar Guild: Isa Babb, Jeff Conrad, Shirley Fierro, Jacqueline Recht

What's Where

Our Sunday School and Nursery rooms are located past the sun room. Turn right. The *Blue Room* is the Nursery & *Godly Play*; the *Yellow Room* is the *God, the Bible and Me* classroom. Restrooms are located down the right aisle, past the Chapel, at the end of the corridor on the left side. Additional rest rooms are located in the basement (down the same corridor, via the stairway on your left). The Conference Room is past the sunroom, take the right corridor to the end and turn left.

Calendar

Sunday, March 17
Second Sunday in Lent
7:30 am—Holy Eucharist, Rite I
 8:30 am—Choir Rehearsal
 9:00 am—Christian Education Classes
10:00 am—Holy Eucharist, Rite II
(Coffee Hour follows)
 5:15 pm—Centering Prayer—Chapel
 6:30 pm—AA meeting—Basement

Monday, March 18
 6:30 pm—AA meeting—Parish Hall

Tuesday, March 19
 9:00 am—Xi-Gong Dance Class
 9:00 am—Camden Garden Club—
 Conference Room
 2:00 pm—Staff Meeting
 5:00 pm—Vestry Meeting—Conference
 Room
 6:30 pm—AA meeting—Basement

Wednesday, March 20
9:30 am—Eucharist Service with Healing
 10:15 am—Coffee and Conversation—
 Conference Room
 11:00 am—Bible Study—Conference
 Room
 4:00 pm—EfM—Conference Room
 6:30 pm—AA meeting—Basement
 7:00 pm—VoXX

Thursday, March 21
Mother Lisa at Fresh Start—all day
 5:00 pm—Choir Rehearsal
 6:30 pm—AA meeting—Basement

Friday, March 22
 12:00 pm—NOON Music in Lent
(Luncheon Follows in Parish Hall)
 6:30 pm—AA meeting—Basement

Saturday, March 23
 6:30 pm—AA meeting—Basement

Sunday, March 24
Third Sunday in Lent
7:30 am—Holy Eucharist, Rite I
 8:30 am—Choir Rehearsal
 9:00 am—Christian Education Classes
10:00 am—Holy Eucharist, Rite II
(Coffee Hour follows)
 5:15 pm—Centering Prayer—Chapel
 6:30 pm—AA meeting—Basement

Meetings and Events are subject to change. St. Thomas' welcomes the use of its facilities for meetings and events. Please contact the Parish Office before scheduling any event.