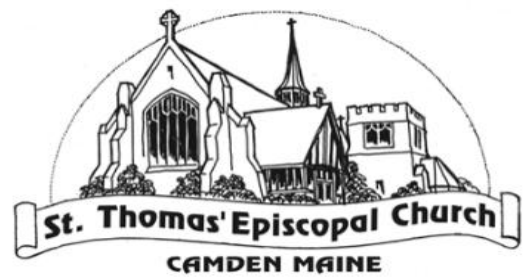


S T . T H O M A S ' Tidings

Sunday, March 10, 2019

The First Sunday in Lent

We welcome all who enter these doors, especially those who enter for the first time or after a long absence. Everyone is welcome! All are welcome to receive the Bread and Wine at this altar.



The Rev. Lisa Smith Fry, Rector
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Don't forget to set your clocks ahead this weekend!

Coming up in Lent

Presiding Bishop Michael Curry has developed a Way of Love to help us follow Jesus daily. It's elegant and simple. The 7 components flow in a circle, and they are REST, TURN, LEARN, PRAY, WORSHIP, BLESS, GO! Each week Abby and I will break down one component, preach on it, and discuss with the 9:00 class how it meshes with our lives and enables us to follow Jesus daily. Please join us for the discussions beginning this week and continuing through Easter.

Lisa+

Quarry Hill Service Today

Our service at Quarry Hill is at 1:30 today in the Activities Room (second floor) at Quarry Hill. We do a short service, sing some very familiar songs, and pray alongside our elders. Please join us!

Noon Music in Lent Lunches

The Noon Music in Lent Soup Luncheon is truly a St. Thomas' outreach event for the Camden Community. Soup makers are still needed for a few dates at the end of March and the beginning of April for the luncheon following the Noon Music in Lent program. If you can help in this outreach project, please give me a call at 596-6163 or an email at lbebbert@gmail.com. Many thanks.,

Lucy Ebbert

Requiescat in Pace

Dick Soderberg's funeral will be held here at St. Thomas' on Saturday, March 16 at 11am. A reception will follow at Point Lookout. All are welcome.

Noon Music in Lent

Our Noon Music in Lent program takes place in the Church and Parish Hall each Friday throughout Lent. Come and hear members of our community perform a half hour of music, then enjoy fellowship and a lunch of soup and bread in the Parish Hall. The free-will offering benefits the Camden Area Christian Food Pantry.

March 15

Kathryn DerMarderosian, *Voice*

March 22

Kathleen Christie, *Voice*

March 29

Nancy Riesgo, *Voice*
Michelle Terry, *Hammered Dulcimer*
Amy Keresmar, *Harp*

April 5

Suzanne Scott and Jane Schroeder
Piano for Four Hands

April 12

Dean Jorgensen, *Bass*
Ed Shindle, *Tenor*
Jane Schroeder, *Piano*

Thank you, Howard Walen for a wonderful performance on the Organ last Friday!

Please Join Us!

Come and help feed the hungry!

St. Thomas' will be at the Loaves and Fishes Soup Kitchen at St. Peter's Rockland next Saturday, March 16 at 11:30 am. Loaves and Fishes requires no experience, just a desire to help your neighbor. Call Pam Bardon (236.2421) to let her know you'll be coming, and she'll let you know exactly what to do. Come join a fun & friendly group of people dedicated to the most vulnerable in our community.

Help yourself out and....

Please check with Pat Ayers before buying duplicate food for the Lenten soups, coffee hour, and parish refreshments. There are quite a few things that could be used: including bread flour, cocoa, condiments, spices etc.

Upcoming Zumba Dance

On Saturday the 30th of March from 7:30 to 9:30, there will be a non-partner Zumba Dance Party. Amanda Strong and Shizuki, two wonderful teachers, will give some rudimentary instruction; but basically the word is "modify and move to the beat" no worries. Zumba is a fusion of Salsa, Meringue, Middle Eastern, Flamenco, Hip Hop and Regaeton styles. All proceeds will go towards Habitat for Humanity and The Knox County Homeless Coalition. Come dance into Spring!

Volunteers are still needed for: Child-care from 7:30—9:30 pm, Snacks and Baked goods, Decorations/Set-up and Advertising.

Please contact Pam Bardon — 236-2421.

Today's Music First Sunday in Lent March 10, 2019

Today we sing and pray *The Great Litany* which first appeared in 1544, *before The Book of Common Prayer* (published in London, 1550). We have been singing and praying this for 475 years! *The Great Litany* includes petitions against evil, for deliverance from disaster, intercessions and then concludes with *Agnus Dei*, *Kyrie* and *The Lord's Prayer*. This is an all-encompassing, thorough prayer!

We do not know who wrote the text to the hymn, *The glory of these forty days*, but we know it traces to at least the 6th century. We sing it to the 16th century German chorale, *Erhalt uns, Herr*, with harmonization

by Johann Sebastian Bach. During Lent we will sing the 5th century text, *Let all mortal flesh keep silence*, which was sung as the bread and wine were presented at the offertory. Ralph Vaughan Williams paired this text with what was probably a 17th century French folk-tune, *Picardy*. At 7:30 a.m. we will sing this hymn at the offertory: at 10 a.m. we will sing it as the fraction anthem at communion.

Lord Jesus, think on me is a 10th century text of Synesius of Cyrene. The tune, *Southwell*, probably comes from a 16th century psalm tune. Thomas Ravenscroft printed a 4-part harmonization and most likely supplied the tune name. George K. Jackson, organist at St. George's Episcopal Chapel, New York, brought this hymn to the United States in 1804. Once again, these hymns do get around!

Forty days and forty nights, originally had nine stanzas and was published in London, 1856. It is paired with the tune, *Aus der Tiefe rufe ich*, attributed to Martin Herbst and harmonized by William Henry Monk.

Today I play classic organ pieces composed on Lenten hymns and chorales. *Ach Gott und Herr* by Johann Gottfried Walther as well as *Lord, lead the way the Savior went* by Flor Peeters, are both probably not familiar hymns to you. However, *My heart is filled with longing*, by Johannes Brahms, is based on our Hymn #168/169, and you will probably be able to pick out the tune in Brahms' harmonically rich setting.

The Choir sings an exquisite text by Samuel Longfellow (Portland, ME, 1819-1892), clergyman and hymn writer and the younger brother of Henry Wadsworth Longfellow. Lockrem Johnson (Iowa, 1924-1977) was an American composer who settled in the Pacific Northwest. His lyrical setting is in E minor; however, he puts the third stanza in E Major and then closes with the fourth stanza back in E minor. It will linger with you.

Jane Schroeder
Minister of Music

Prayer List

Please pray for those members of this parish and others who are in special need: Marya Allen, Ron, Andrew, Joanne Scott, Tiffany Andrews, Seana Roubinek, Pat Olds, Carolyn Morris, Janan Vaughn, Rosalind Clarke, Amy, Gordon Gushee, Susan, Martha, Jean Harper, Abby Neal, Jeremiah Swett, Dustin, Maxine, Jan, Joan Pottle, Arnie Joy, Paul Whittaker, Anne, Sandy Lyle, Kevin Jackson.

This Sunday March 10, 2019 First Sunday in Lent

Deuteronomy 26:1-11

Psalm 91:1-2, 9-16

Romans 10:8b-13

Luke 4:1-13

7:30 am: Celebrant and Preacher:
The Rev. Lisa Smith Fry; **Eucharistic Minister:** Pam Bardon; **Lectors:** JoAnne Ryan, Edmund Hartt **Usher:** Edmund Hartt
10:00 am: Celebrant and Preacher:
The Rev. Lisa Smith Fry; **Crucifer:** Lily Robbins; **Eucharistic Minister:** Roy Gilley; **Lectors:** Jeff Conrad, Anna Black; **Acolytes:** Will Robbins; **Ushers:** Dean Jackson, Roy Gilley
Altar Guild: Isa Babb, Jeff Conrad, Shirley Fierro, Jacqueline Recht

Next Sunday March 17, 2019 Second Sunday in Lent

Deuteronomy 26:1-11

Psalm 91:1-2, 9-16

Romans 10:8b-13

Luke 4:1-13

7:30 am: Celebrant and Preacher:
The Rev. Lisa Smith Fry; **Eucharistic Minister:** JoAnne Ryan; **Lectors:** Pam Bardon, Paul Holman **Prayers of the People:** Sandy Lyle; **Usher:** Marilyn Smith
10:00 am: Celebrant and Preacher:
The Rev. Lisa Smith Fry; **Crucifer:** Kavan Kibler; **Eucharistic Minister:** Jacqueline Recht; **Lectors:** Dean Jackson, Kate Jackson; **Prayers of the People:** Chris Glass; **Acolytes:** Kingston Kibler, Tom Colburn; **Ushers:** Bill Freeman, Phil Groman
Altar Guild: Anne Ayers, Jeff Conrad, Jacqueline Recht, JoAnne Ryan

Calendar

Sunday, March 10

First Sunday in Lent

7:30 am—Holy Eucharist, Rite I
8:30 am—Choir Rehearsal
9:00 am—Christian Education Classes
10:00 am—Holy Eucharist, Rite II

(Coffee Hour follows)

1:30 pm—Quarry Hill Service
5:15 pm—Centering Prayer—Chapel
6:30 pm—AA meeting—Basement

Monday, March 11

6:30 pm—AA meeting—Parish Hall

Tuesday, March 12

9:00 am—Xi-Gong Dance Class
9:30 am—Finance Committee Meeting—Finance Office
2:00 pm—Staff Meeting
6:30 pm—AA meeting—Basement

Wednesday, March 13

9:30 am—Eucharist Service with Healing
10:15 am—Coffee and Conversation—Conference Room
11:00 am—Bible Study—Conference Room
2:00 pm—CHS Alumni—Conference Room
4:00 pm—EfM—Conference Room
6:30 pm—AA meeting—Basement
7:00 pm—VoXX

Thursday, March 14

5:00 pm—Choir Rehearsal
6:30 pm—AA meeting—Basement

Friday, March 15

12:00 pm—Noon Music in Lent
(Luncheon Follows in Parish Hall)
6:30 pm—AA meeting—Basement

Saturday, March 16

11 am—Richard Soderberg Funeral
11:30 am—Rockland Soup Kitchen—St. Peter's, Rockland
6:30 pm—AA meeting—Basement

Sunday, March 17

Second Sunday in Lent

7:30 am—Holy Eucharist, Rite I
8:30 am—Choir Rehearsal
9:00 am—Christian Education Classes
10:00 am—Holy Eucharist, Rite II
(Coffee Hour follows)

5:15 pm—Centering Prayer—Chapel
6:30 pm—AA meeting—Basement

Meetings and Events are subject to change. St. Thomas' welcomes the use of its facilities for meetings and events. Please contact the Parish Office before scheduling any event.

Needs in the Area

It has come to my attention that our members occasionally run across specific and finite needs among our area families and individuals. I would like to open up this space to Parishioners of St. Thomas' who would like us to help. Lisa+

What's Where

Our Sunday School and Nursery rooms are located past the sun room. Turn right. The *Blue Room* is the Nursery & *Godly Play*; the *Yellow Room* is the *God, the Bible and Me* classroom. Restrooms are located down the right aisle, past the Chapel, at the end of the corridor on the left side. Additional rest rooms are located in the basement (down the same corridor, via the stairway on your left). The Conference Room is past the sunroom, take the right corridor to the end and turn left.